

GROWING A HOPE GARDEN

1. Read or find an online reading of *The Little Gardener* by Emily Hughes.
2. What makes you feel hopeful and optimistic? Imagine you could grow the things you hope for in your very own garden.
3. Draw a picture of this garden of hopeful things.
4. Talk about your creation. Why did you draw it this way?
5. Talk about different ways you can tend this garden in your heart.

