

## Advent Wreath Litany & Prayer Tips

This Litany and Prayer is written as a **household** daily practice, but can be used in the context of **group worship**<sup>1</sup>.



### Wreath Suggestions:

- + We will add elements to our wreath each week, including: candles (blue, pink and purple) or any color you have; blue reflection paper; greenery; nuts, pine cones, natural materials; ribbons, blossoms, colorful elements; a large white candle.
- + If possible, set aside space where your Advent Wreath can remain throughout Advent and Christmas. Let this be a space where the household can gather for daily quiet time and prayer.



### Litany & Prayer Tips

- + You may want to begin each practice with a check-in: naming a frustration to let it go; naming a joy; stating gratitude. Holding hands and sharing reminds us how God holds us and we hold one another in our struggles and in our joys.
- + If possible, encourage journaling/drawing reflection prior to verbal sharing.
- + Litany and Prayer can be first thing each morning or just before bed, at mealtimes, or as a transition point signaling the end of work/school time and the start of family or quiet time.
- + Allow leadership to flow among readers in the household.



### Congregational Leader Tips

- + Enhance the community-building experience by collecting peoples' Blue Reflections each week. Post them (anonymously) on your online platforms.
- + Gathered Blue Reflections might also inform your weekly corporate Confessions and/or Intercessory Prayers/Prayers of the People.
- + Gather weekly White Reflections. Invite a person with beautiful handwriting to write each on lengths of shiny white ribbon. Weave the White Reflection ribbon(s) into the corporate Advent wreath.
- + If you can gather safely around a bonfire for Christmas Eve, you could invite households to bring their homemade wreath or Blue Reflection pieces to throw them into the fire.
- + After burning Blue Reflections, present the White Reflection wreath (with the gathered White Reflections woven into it) for lighting the Christ Candle and to use throughout the Christmas Season.
- + White Reflections might also be developed into a word cloud, which could also be posted on your online platforms, sharing your congregation's hopes and dreams for New Birth with the world and inviting guests/visitors to express their own.

---

<sup>1</sup> If used as a unifying element for the whole congregation, please give copyright credit to Rev. Emily Meyer, The Ministry Lab, St Paul, MN, in any written (hardcopy or online) material.